

# RHYL DOLPHINS SWIMMING CLUB – ANNUAL CHAMPIONSHIPS ENTRY FORM

NAME: .....

DATE OF BIRTH: .....

AGE AS ON FIRST DAY OF CHAMPIONSHIPS: .....

Please complete the above details. Enter your submitted time(s) in the white box relevant to your age group and event(s) you wish to compete in. If you do not have a time or would like us to use the clubs records of previous competitions for a particular event please enter NST (no submitted time) in the appropriate box. Coaches will not be responsible for filling in times for any swimmers. Remember to put your time or NST for the events you wish to swim-not crosses or ticks or left blank. If you need any help in completing this form please ask your coach, the Swimming Development Officer, or any club official on the help desk. The One Start Rule will apply for these championships. Good luck and enjoy your swimming.

**Please note that Rhyl Dolphins S.C. does not always receive times from all meets. We can only use fastest times that we have on record**

Event	Junior			Juvenile			Senior			Masters
	8/under	9	10	11	12	13	14	15	16 - 24	25 +
Freestyle 25m										
Freestyle 50m										
Freestyle 100m										
Freestyle 200m										
Freestyle 400m										
Freestyle 800m										
Freestyle 1500m										
Breaststroke 25m										
Breaststroke 50m										
Breaststroke 100m										
Breaststroke 200m										
Butterfly 25m										
Butterfly 50m										
Butterfly 100m										
Butterfly 200m										
Backstroke 25m										
Backstroke 50m										
Backstroke 100m										
Backstroke 200m										
Ind Medley 100m										
Ind Medley 200m										
Ind Medley 400m										

**There will be no entry cards for these championships, so please keep a note of the events you have entered on the attached sheet**