

# **NOVEMBER 2018 NEWSLETTER**

#### **HEAD COACH REPORT**

Hello it's me again

On behalf of all the coaching staff, we wish to congratulate all the swimmers for producing some outstanding results throughout the last 6 months, medals aplenty, pbs and for James Park an invitation to train with the Welsh National Squad. A special mention for our swimmers who contributed so much towards the Denbighshire Development team achieving top club in Sheffield. A huge well done to you all.

Our club championships this year were a huge success with some outstanding records achieved, records that have stood for many many years. One disappointment was the low entries, all age groups need to be encouraged to enter and enjoy the experience.

A Team Manager's role is a thankless task, dealing with swimmers, parents and meet officials. Rhyl Swimming Club is extremely lucky to have Fiona, her dedication to this role has to be admired. Well done Fiona and very much appreciated.

#### **IMPORTANT NEWS**

# Friday 16<sup>th</sup> November 2018 Club Night - 7.15pm to 8.15pm Questions and answer session

This will be an opportunity to discuss your son or daughter's progression with the Head Coach. Bob's babes (Val and Cath) will be able to direct you to the desk.

Keep up the good work.

Bob

#### CHANGES TO SESSION TIMES IN THE NEW YEAR

There will be some changes to session times in the new year. Please keep an eye on the notice board, Website or the Club Facebook page over the next couple of weeks for more information.

Now is an ideal time to trial extra sessions with the prices reduced as we are almost at the end of the year. If you are interested, please speak to your coach.

# **AGM**

Our AGM is on Thursday 6<sup>th</sup> December at Rhyl Leisure Centre. The Finance Meeting starts at 7pm with main meeting started at 7.30pm. All are welcome to attend the meeting.

It would be nice to see some new faces.

#### **Gala Success**

The season started off with the some of the DDT swimming squad competing at the Robin Hood Open Meet in Sheffield. It was one of the largest squads we have had competing at this gala. The team came away with many medals from all clubs and we also won the top team trophy.



We had a successful meet at the Conwy Autumn Meet in Llandudno with many medals and pbs.

Congratulations to Lewis Jones, Matthew Jones, Daniel Meehan, James Park and Alex Young who have all qualified for the Winter Nationals in Swansea at the end of this month.

# **Congratulations**

To Georgia Fairclough, Daniel Meehan, Nikitta Williams and Rebecca Williams on passing their level two swimming teacher award.

### **Club T-shirts and Hoodies**

If anybody wants to order club t-shirts or hoodies, please see Fiona on a Friday evening.

T-shirts rom £16.00-£18.50 Hoodies from £18.50 - £23.50

#### **Club Hats**

We now have the blue club hats in stock at £6.00 each please ask on a Friday evening.





Gold hats will be ordered on Friday 16<sup>th</sup> November. If you want to order one, please let Fiona know before this date. These are £8.50 each and payment is required at the time of ordering.



For those that are on the DDT training squad only

# **Long Course Training**

Stockport Metro Pool 4.30pm-6.30pm

10th November 2018

Pick up point for the coach is the Bod Erw in St Asaph. Please be there no later than 1.45pm, bus leaves at 2.00pm.

#### 2019 training dates

02.03.19, 13.04.19, 01.06.19, 07.09.19, 09.11.19

#### **Dates for your diaries**

#### Club Shutdown

Our last club session is Friday 21<sup>st</sup> December. Frist club session back is Friday 4<sup>th</sup> January 2019.

## **Upcoming Galas**

#### Sub Regionals, Llandudno

Friday 23<sup>rd</sup> November Saturday 24<sup>th</sup> November Sunday 25<sup>th</sup> November

#### Winter Nationals, Swansea

Friday 30<sup>th</sup> November Saturday 1<sup>st</sup> December Sunday 2<sup>nd</sup> December

#### Regionals, Llandudno

Friday 1<sup>st</sup> February Saturday 2<sup>nd</sup> February Sunday 3<sup>rd</sup> February Friday 8<sup>th</sup> February Saturday 9<sup>th</sup> February Sunday 10<sup>th</sup> February

#### **Galas**

Please keep an eye on the notice board at club or the website/Facebook for upcoming recommended galas.





Thank you to everyone that has supported Link to Hope this year with donations and shoeboxes. With Christmas coming up, please keep any unwanted gifts that can be used in the shoeboxes

# **VOLUNTEERS REQUIRED**

We are required as a club to provide a percentage of both qualified and unqualified helpers at galas, to assist in the smooth running of the event; these could include timekeepers, turn/stroke judges, announcers or marshalls who assist the swimmers in being where they should be at the correct time.

# We are still struggling to fulfil this commitment and it is always the same people who help.

If your child is a regular competitor, please have a think about taking up one of these roles. (It does make the day go quicker.) For more information please see Anita or Fiona who will be happy to advise you. It is not necessary to volunteer at every gala or even every session, you can choose which you want to do. The last couple of galas we attended as a club, have been short of officials and have been on the verge of not being run. It would be such a shame for the swimmers if this was to happen.

As a volunteer, you receive free entry and lunch is normally provided.

WITHOUT VOLUNTEERS WE WILL NOT BE PERMITTED TO ENTER SWIMMERS FROM OUR CLUB INTO GALAS.



We also need volunteers to join the club as admin members to help on a Friday club night. It doesn't have to be every Friday and it doesn't need to be all night. The more volunteers we have the less each person needs to do.

If you are interested in helping in any way, please speak to Fiona or Anita. The club takes a lot of running and will not run without the help of volunteers.

